

Topic 8: Emotions



How do you feel right now?

What are you afraid of?

What behavior of others can drive you crazy?

Do you usually share happiness with everyone?

How do you comfort someone when they are disappointed?

What makes you feel nervous?

What brings you joy in life?

Do you find it easy to express your feelings?

Are you comfortable sharing your emotions with others? Why?

How do you handle stress or anxiety?

What makes you feel motivated or inspired?

What role do emotions play in your decision-making?

Do you believe your emotions impact your physical well-being?

How can you show your love and care for your family/friends?